



WILMINGTON AREA SPORTS UPDATE

SPECIAL OLYMPICS BOWLING SCHEDULE

Please remember that all athletes must have a current Special Olympics medical form on file at the SODE office before practicing/training in their sport and before competing in Bowling. The deadline to submit your medical form (if expiring) is **November 15**. All Class A volunteers must also be current with their certification by that time. To participate in Bowling, please contact the Sport Director to register prior to attending your first practice.

THE LAST DAY TO REGISTER AND GET ON THE ROSTER IS THURSDAY, NOVEMBER 15.

SPORT	DATE	TIME	LOCATION	SPORT DIRECTOR	CONTACT
BOWLING (Cost: \$7/weekly)	Saturdays starting October 6	12:00pm - 2:00pm	NCC Bowlerama	Mike Truono	WilmwizBowling@gmail.com 302-588-7309

IMPORTANT DATES:

The Area Bowling Tournament for Wilmington will take place on Saturday, Jan. 5, 2019 at NCC Bowlerama.

The State Tournament will be held on Saturday, January 26, 2019 in Dover at the Brunswick Doverama.

Shift and Event times TBD. Information for the State Tournament will be given by the Sport Director for those who wish to participate.



2018 REINDEER RUN AND ROMP

Join us for the 2018 Reindeer Run and Romp presented by BNY Mellon! The 5k Reindeer Run is a competitive, chip-timed run with awards given for all age categories. Gore Running Wear™ sponsors the prizes for the 1st-, 2nd- and 3rd-place male and female overall finishers and the 1st-place finishers in the masters division.

The Reindeer Romp/fun walk is the perfect way for families to support the wonderful cause. The Romp begins shortly after the start of the 5k Run and takes place on the same 5k course.

Festive entertainment, sponsored by Capital One, is provided before, during and after the run. AND there is a holiday costume contest - whether you break out that “ugly” sweater or dress up as St. Nick himself.

The event has been embraced by the City of Newark and the University of Delaware community, with various businesses, clubs, sororities and organizations volunteering for the event. Many downtown merchants are offering discount coupons provided in participant goodie bags. Register online at www.sode.org



2018 FALL SCHEDULE OF EVENTS

DATE	EVENT	TIME	LOCATION
Saturday October. 20	Truck Convoy (LETR Fundraiser)	8:00am	Delaware State Fairgrounds, Harrington
Thursday October 25	Champions Together Breakfast Fundraiser	7:45am	Wilmington Sheraton South Hotel
Thursday November 1	Champions Together Luncheon Fundraiser	12:00 pm	Baywood Golf & Country Club
Saturday November 10	2018 SODE Fall Sports Festival	All Day	St. Andrew's School, Middletown
Friday November 30	Reindeer Run	7:00pm	Academy St. in Downtown Newark
Saturday January 5	Area Bowling Tournament	TBD	NCC Bowlerama
Saturday January 26	Bowling State Tournament	TBD	Brunswick Doverama, Dover
TBD - To be announced at a later date			



2019 POLAR BEAR PLUNGE

Take the plunge with Special Olympics Delaware on **Sunday, February 3, 2019!**

The Lewes Polar Bear Plunge, held annually on the first Sunday in February, has developed into a truly unique Delaware happening and is Special Olympics Delaware's most significant fundraiser. Individuals, including many Special Olympics athletes and their family members, take the plunge into the icy Atlantic Ocean during the height of winter! Polar Bears are asked to raise a minimum of \$75 to plunge.



Register online at www.PlungeDE.org