



# SUSSEX AREA SPORTS UPDATE

## SPECIAL OLYMPICS BOWLING SCHEDULE

Please remember that all athletes must have a current Special Olympics medical form on file at the SODE office before practicing/training in their sport and before competing in Bowling. The deadline to submit your medical form (if expiring) is **November 15**. All Class A volunteers must also be current with their certification by that time. To participate in Bowling, please contact the Sport Director to register prior to attending your first practice.

**THE LAST DAY TO REGISTER AND GET ON THE ROSTER IS THURSDAY, NOVEMBER 15.**

SPORT	DATE	TIME	LOCATION	SPORT DIRECTOR	CONTACT
BOWLING	Saturdays Oct. 13, 27, Nov. 3, 17, Dec. 1, 8, 15, Jan. 5, 19	10:00am – 12:00pm	Milford Lanes	Pam Cannon	(302) 363-3546 or pamelacannon@ yahoo.com
	Sundays beginning Oct. 14	11:30am		Linda Webb	linda.webb@ cr.k12.de.us
	Saturdays Sept. 29, Oct. 6, 13, 20, Nov. 3, 10, 24, Dec. 8, 22, 29, Jan. 5, 19	11:30am	Millsboro Lanes	Chris Calanna	(718) 608-4267 or ccalanna@mchsi.com
	Sundays beginning Oct. 7, 2018	1:00pm		Judy Smith	j.smith101@ verizon.net
	Sundays Oct. 7, 21, Nov. 4, 11, 18, Dec. 2, 9, Jan. 6, 20	1:30pm – 3:30pm		Janie Miller	(302) 227-3118 or jmm49@live.com
	Mondays Oct. 1, 8, 15, 22, 29, Nov. 5, 12, 19, 26, Dec. 3, 10, 17, Jan. 7, 14, 21	6:00pm – 8:00pm		Marie McIntosh	Mariemcintosh522@ gmail.com

### IMPORTANT DATES:

The Area Bowling Tournament for Sussex will take place on Saturday, Jan. 12, 2019 at Millsboro Lanes.

The State Tournament will be held on Saturday, January 26, 2019 in Dover at the Brunswick Doverama.

Shift and Event times TBD. Information for the State Tournament will be given by the Sport Director for those who wish to participate.



## 2018 FALL SCHEDULE OF EVENTS

DATE	EVENT	TIME	LOCATION
Saturday October 20	Truck Convoy (LETR Fundraiser)	8:00am	Delaware State Fairgrounds, Harrington
Thursday October 25	Champions Together Breakfast Fundraiser	7:45am	Wilmington Sheraton South Hotel
Thursday November 1	Champions Together Luncheon Fundraiser	12:00 pm	Baywood Golf & Country Club
Saturday November 10	2018 SODE Fall Sports Festival	All Day	St. Andrew's School, Middletown
Friday November 30	Reindeer Run	7:00pm	Academy St. in Downtown Newark
Saturday January 12	Area Bowling Tournament	TBD	Millsboro Lanes
Saturday January 26	Bowling State Tournament	TBD	Brunswick Doverama, Dover
TBD - To be announced at a later date			



### 2019 POLAR BEAR PLUNGE

Take the plunge with Special Olympics Delaware on **Sunday, February 3, 2019!**

The Lewes Polar Bear Plunge, held annually on the first Sunday in February, has developed into a truly unique Delaware happening and is Special Olympics Delaware's most significant fundraiser. Individuals, including many Special Olympics athletes and their family members, take the plunge into the icy Atlantic Ocean during the height of winter! Polar Bears are asked to raise a minimum of \$75 to plunge.



**Register online at [www.PlungeDE.org](http://www.PlungeDE.org)**