



# NEWARK AREA SPORTS UPDATE

## SPECIAL OLYMPICS FALL SPORTS SCHEDULE

Welcome back to all SODE Athletes, coaches, volunteers and Unified Partners as we begin our Fall Season! Please remember that all athletes must have a current Special Olympics medical form on file at the SODE office before practicing/training in their sport and before competing in the Fall Sports Festival.

**The deadline to submit your medical form (if expired) is Monday, September 17, 2018.**

*(Class A volunteers must also be current with certification by that time.)*

SPORT	DATE	TIME	LOCATION	SPORT DIRECTOR	CONTACT
<b>*To participate in Fall Sports, contact the Sport Director to register prior to attending your first practice.</b>					
<b>BOCCE</b>	<b>Mondays starting August 20</b>	6:30pm - 7:45pm	St. Anthony's Club	Steff DiMartine	newarkdragonsbocce@gmail.com
<b>SOCCER</b>	<b>Sundays starting September 9</b>	4:00 - 5:30pm	Paper Mill Park	Theresa Moore	tmoorede@comcast.net
<b>FLAG FOOTBALL</b>	<b>Saturdays starting August 25</b>	10:30am -12:00noon	Downes Elementary School	John Miller	sode.newark@gmail.com
<b>VOLLEYBALL</b>	<b>Wednesdays starting September 5</b>	6:30pm - 8:00pm	Newark High School	Joyce Flanagan	jflanagan@christianacare.org
<b>LDR</b> (Long Distance Running / Walking)	<b>Thursdays starting September 6</b>	6:00 - 7:15pm	Paper Mill Park	Polly Jansen	pollyjj@yahoo.com
(Drive straight back to the first pavilion where the team will meet. Athletes should bring their own water bottle marked with their name and should come dressed in sneakers and athletic attire (shorts, sweatpants, tshirts, etc.) No jeans.					
<b>YOUNG ATHLETES PROGRAM</b>	<b>*To be announced</b> (Please contact the sport director if you are interested)			Jon Buzby	jbuzby@udel.edu

**SIGN UP TO VOLUNTEER**

### Volunteers are needed as the new sports season gets underway.

If you or your friends, co-workers or family are looking for a way to get involved with Special Olympics, please consider volunteering in your Area. We need coaches, assistant coaches and Unified Partners. To learn more, visit our website at [www.sode.org](http://www.sode.org) or contact Carly Thompson at [cthomp@udel.edu](mailto:cthomp@udel.edu).



### Please update your contact information

If you have moved to a new address or your phone number or email has changed, please take time to provide the new information to us by notifying the SODE office at 302-831-4653 so that we may update our records. This will ensure that you continue to receive all communication from us. Thank you!

## COACHING 101 SCHEDULE

As part of our continuing commitment to coaching excellence, SODE will be offering several Coaching 101 classes. All coaches are required to attend **ONE** Coaching 101 class.

### The dates for the classes are:

August 22nd - WEDNESDAY - 7:00PM ..... MOT 101 (51 North Broad Street, Middletown, DE 19709)  
 August 28nd - TUESDAY - 7:00PM ..... Sussex 101 (Greenwood Library - 100 Mill Street, Greenwood, DE 19950)  
 August 30th - THURSDAY - 7:00PM ..... Newark/Wilmington 101 (SODE Office 619 S. College Ave, Newark, DE 19716)  
 September 5th - WEDNESDAY - 7:00PM ..... Kent 101 (Kent County Library - 497 S. Red Haven Ln, Dover, DE 19901)  
 Please RSVP to Mark Wise at mwise@udel.edu or 302-831-4669.

## 2018 SCHEDULE OF EVENTS

DATE	EVENT	TIME	LOCATION
Wed., Aug. 22	Coaching 101	7:00pm	MOT 101 (51 N. Broad Street, Middletown, DE 19709)
Tues., Aug. 28	Coaching 101	7:00pm	Sussex 101 (Greenwood Library - 100 Mill Street, Greenwood, DE 19950)
Thurs., Aug. 30	Coaching 101	7:00pm	Newark/Wilmington 101 (SODE Office - 619 S. College Ave, Newark, DE 19716)
Wed., Sept. 5	Coaching 101	7:00pm	Kent 101 (Kent County Library - 497 S. Red Haven Ln, Dover, DE 19901)
Sat., Sept. 15	SODE - Families Day at the Beach	9am - 2:00pm	Cape Henlopen State Park Fishing Pier, Lewes
Sat., Sept. 22	Cycling Classic	TBA	Dover Air Force Base Museum
Tues., Sept. 25	Golf State Tournament	TBA	Maple Dale Country Club, Dover
Sat., Sept. 29	Bocce Qualifying Tournament - North	TBA	University of Delaware
Sun., Sept 30	Delaware Memorial Bridge Run to Acceptance for Special Olympics	7:00am	Delaware Memorial Bridge, New Jersey-bound span (Participants limited to First Responders only: active or retired Law Enforcement, EMS, fire service, medical, and military personnel)
Sun., Oct. 7	Flag Football Qualifying Tournament	TBA	MOT Youth Football Complex, Middletown
Wed., Oct. 10	Night of Heroes	6:00pm	Executive Banquet and Conference Center, Newark
Sat., Oct. 13	Volleyball Qualifying Tournament	TBA	Wilmington Christian School, Hockessin
Sat., Oct 13	Bocce Qualifying Tournament - South	TBA	DE Turf Sports Complex, 4000 Bay Rd, Frederica
Sun., Oct. 14	Soccer Qualifying Tournament	TBA	Delaware Union Fields, Dover
Sat., Oct. 20	Truck Convoy (LETR Fundraiser)	8:00am	Delaware State Fairgrounds, Harrington
Athletes interested in riding in the Convoy must contact <b>Lisa Smith</b> (lismith@udel.edu or 302-831-3482) before <b>October 10, 2018</b>			
Sun., Oct. 21	Newark Dragons Hayride	4pm-7:00pm	White Clay Creek State Park
Thurs., Oct. 25	Champions Together Breakfast	7:45am	Sheraton Wilmington South Hotel
Thurs., Nov. 1	Champions Together Luncheon	12:00pm	Baywood Golf & Country Club
Sat., Nov. 10	2018 Fall Sports Festival	8:00am	St. Andrew's School, Middletown
TBA - To be announced at a later date			

## 2019 WORLD GAMES



We are excited to announce the following Special Olympics Delaware athletes and coach representing Special Olympics USA at the 2019 Special Olympics World Summer Games in Abu Dhabi:

- Andrew Crout, Wilmington Wizards, Tennis
- Eddie Joyner, MOT Tigers, Bowling
- Scott McGrady, Wilmington Wizards, Cycling
- Patricia Pecora, Kent Wild Kats, Swimming
- Mary Moore, Wilmington Wizards, Head Coach for SO USA Tennis



**Congratulations athletes and GOOD LUCK!**



# 27<sup>th</sup> Annual SODE Families Day at the Beach

**WHEN:** Saturday, September 15 from 9:00am - 2:00pm  
**WHERE:** Cape Henlopen State Park (fishing pier)

**Go fishing on the pier, relax and unwind, free family BBQ ...  
plus take a ride on the Cape May-Lewes Ferry (optional).**

**Please REGISTER to attend by Friday, August 31st  
using the form on the reverse side.**

Please join us for a day of fun and fellowship with SODE athletes, friends and families.

Bring a chair and fish off the pier or chill out on the sand by the Delaware Bay.

For those interested in fishing, a quarter-mile-long pier provides convenient access to the Delaware Bay. (Some fishing rods and bait will be available for athletes to use.)

BBQ Lunch from 12 noon - 2:00pm for SODE athletes and their families.

Optional Cape May-Lewes Ferry ride after the free BBQ lunch. Fee is \$6.50 cash (per person, payable that day). Ferry departs at 2:45pm and returns to Lewes at 4:45pm.

Souvenir T-shirt can be pre-ordered for \$10.

Please fill out the form on the reverse side to register for the event, sign up for the ferry ride, and/or to pre-order a shirt.

Thank you to the following groups for their support of this event: Delaware Mobile Surf Fishermen, Lighthouse View Bait and Tackle, Rehoboth Beach Kiwanis Club, Rising Sun Masonic Lodge #4 and Rehoboth Beach Lions. And a very big "Thank you" to Janie Miller and family and all the dedicated volunteers who make this day possible.



**Please register by returning this form on or before Friday, August 31st.**



# 27<sup>th</sup> Annual SODE Family Day at the Beach

SODE Athlete First Name \_\_\_\_\_

Last Name \_\_\_\_\_

Area Program  
(check one)

Wilmington  
Wizards

Newark  
Dragons

MOT  
Tigers

Kent  
Wild Kats

Sussex  
Riptide

Total # of family attending \_\_\_\_\_ Email \_\_\_\_\_

Street Address and City \_\_\_\_\_

Zip Code \_\_\_\_\_ Daytime Phone \_\_\_\_\_

Check here if interested in the Cape May-Lewes  
ferry ride. The fee is \$6.50 per person (cash only.) Ferry  
money will be collected by 10:30am on the day of the event.

Check here if the SODE athlete needs to borrow  
a fishing rod. A limited supply of rods will be  
available for the event. (SODE athletes only, please.)



Come and fish at the Cape Henlopen fishing pier!  
Bring a rod and reel, a folding chair and/or beach blanket to relax and unwind with your friends!  
Food and refreshments will be provided at the free BBQ luncheon.

**PLEASE NOTE: THIS EVENT IS RAIN OR SHINE.**

If severe weather is predicted for our area on event day, check the SODE website ([WWW.SODE.ORG](http://WWW.SODE.ORG))  
for any up-to-date announcements.

### Souvenir T-shirt Pre-Order (optional)

T-Shirt cost is \$10.00 each (S-4XL)

Fill in spaces with the number of shirts ordered (adult sizes only):

SM \_\_\_\_\_ MD \_\_\_\_\_ LG \_\_\_\_\_ XL \_\_\_\_\_ 2XL \_\_\_\_\_ 3XL \_\_\_\_\_ 4XL \_\_\_\_\_

Total # of T-shirts: \_\_\_\_\_ AMT. enclosed: \$ \_\_\_\_\_

*Please make checks for t-shirt payable to Special Olympics Delaware and mail in with this form.*

**REGISTRATION FORM DUE BY FRIDAY, AUGUST 31, 2018**

**Mailing Address: Special Olympics Delaware, 619 South College Ave., Newark, DE 19716**