Instructions to Complete Volleyball Team Assessment Process

Step 1: Volleyball Individual Assessment Form
* Complete the top section listing all requested information
* Each section covers an aspect of volleyball team play
* Choose ONE point value that best describes the athlete/partner's skill level
* Place that value in the "Score" box for that section
* When each section is complete, add each "Score" box together and place it in the "Total Score" box
* Each player should have a Volleyball Individual Assessment Form completed

Step 2: Traditional & Unified Team Volleyball Registration Form
* Complete the top section, listing delegation, team gender (male, female, mixed),
  team name, and age group
* List the players from highest score to lowest score in the column under "Name" then complete
  the remaining sections of the table

Step 3: Return only the "Traditional & Unified Team Volleyball Summary Form" to your Program
  Director so they can input into GMS.

NOTE: THESE FORMS ARE NOT TO BE SUBMITTED TO SPECIAL OLYMPICS THEY ARE FOR YOUR TEAM'S USE ONLY.
Name: ____________________________  Athlete  Partner
Jersey Number: ____________________  Coach's Name: _________________________
Team Name: _________________________  Evaluator's Name: _____________________
Delegation: _________________________  Date of Evaluation: __/__/____

Individual Assessment for Team Play

A. Serving (one choice- the most representative of the athlete's skill level)
Difficulty tossing/contacting ball (1)
Sometimes serves underhand legally over the net (2)
Legally serves underhand consistently and effectively (3)
Legally serves both unhand/overhand over the net (4)
Consistently serves overhand over the net (5)
Consistently serves into designated areas of the court (6)
Often serves overhand over the net, such that the opposing team cannot return (8)

SCORE: ________________

B. Passing/Setting (one choice- the most representative of the athlete's skill level)
Difficulty completing a forearm pass to a teammate (1)
Sometimes completes a pass to a teammate (2)
Only completes passes that come directly to him/her (3)
Usually completes passes received in general area of his/her position (4)
Chooses best type of pass (overhead/set/forearm) for the situation (5)
Completes passes accurately to the setter to run an offense (6)
Controls the offense w/ability to complete an advanced pass, overhead set and forearm pass (8)

SCORE: ________________

C. Blocking (one choice- the most representative of the athlete's skill level)
Does not block at all, regardless of the situation (1)
Makes little to no effort to block, and often is out of position for the block (2)
Blocks only when the ball is hit directly in front of him/her (3)
 Goes after attacks that are within 1-2 steps (4)
Aggressively attempts blocks 3-4 steps away, makes many successful blocks (6)
Exceptional ability to stop opponent's attacks all along the net with good body control (8)

SCORE: ________________

D. Attacking/Hitting (one choice- the most representative of the athlete's skill level)
Does not demonstrate knowledge of basic mechanics of front row play (1)
Periodically makes an uncontested attack over the net (2)
Hits the ball over the net when it comes directly to him/her (3)
Hits the ball over the net when is set to him/her, occasionally moving to a set 1-2 steps away (4)
Consistently hits the ball over the net into the opposite court (5)
Consistently hits the ball over the net such that the opposing team cannot return (6)
Demonstrates ability to jump and attack the ball downward (8)

SCORE: ________________
SODE-Volleyball Skills Assessment for Individuals

E. Communication (one choice- the most representative of the athlete's skill level)
Does not communicate with teammates or coaches; does not make any motion towards the ball (1)
Does not communicate with teammates or coaches; often runs into other players and takes balls called for by teammates (2)
Responds to communications from teammates and coaches by changing the way s/he plays on the court (4)
Calls for and aggressively pursues balls near his/her position and backs away from teammates who call for a ball (5)
Encourages teammates to communicate/helps guide teammates on the court (6)
Strongly communicates with teammates and coaches during play (8)

F. Game Awareness (one choice- the most representative of the athlete's skill level)
Sometimes confused on offense and defense; does not transition; stays in one place (1)
Can play a fixed position as instructed by coach; may go after an occasional loose ball (2)
Limited understanding of the game; performs basic skills and will run occasional plays if coach prompts (4)
Moderate understanding of the game; some offensive plays and solid defensive skills (6)
Advanced understanding of the game and mastery of volleyball fundamentals (8)

G. Movement (one choice- the most representative of the athlete's skill level)
Maintains a stationary position; does not move to or away from the ball as necessary (1)
Moves only 1-2 steps toward the ball (2)
Moves toward the ball, but reaction time is slow and has intermittent transition from offense to defense (4)
Movement permits adequate court coverage (5)
Good court coverage, reasonably aggressive; good transition from offense to defense (6)
Exceptional court coverage, aggressive anticipation; great transition from offense to defense (8)

Score:

Score:

Score:

Total Score:  
(Maximum Score = 56)
Traditional & Unified Team Volleyball Summary Form

Sport Coach: _________________________________ Day #: ________________ Email: _________________________________

<table>
<thead>
<tr>
<th>Type</th>
<th>Unified</th>
<th>Traditional</th>
<th>Team Name: _________________________________</th>
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Team Gender: Female Male Mixed Age Group: 8-11 12-15 16-21 22+

Summary of Individual Assessment

Please list player's in order from highest to lowest rating.

<table>
<thead>
<tr>
<th>Name</th>
<th>Athlete / Partner</th>
<th>Serving</th>
<th>Passing / Setting</th>
<th>Blocking</th>
<th>Attacking / Hitting</th>
<th>Communication</th>
<th>Game Awareness</th>
<th>Movement</th>
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This form must be submitted to your Program Director in enough time for them to enter scores into GMS and submit by the deadline. DO NOT SEND THIS FORM TO SPECIAL OLYMPICS.