



KENT AREA SPORTS UPDATE

SPRING SPORTS (Summer Games Training Schedule)

Please remember that all athletes must have a current Special Olympics medical form on file at the SODE office before practicing/training. All Class A volunteers must also be current with their certification by that time.

Please contact the coach to register prior to attending your first practice.
The deadline date to sign up for Spring Sports is by April 14, 2017.

Softball:

Softball training will be held on Sundays starting April 9

Time: 1:00-3:00pm

Location: Caesar Rodney High School

To register for Softball, please contact John Blanchfield at blanchfield157@comcast.net.

Swimming:

Aquatics training will be held on Sundays starting March 19

Time: 2:00pm - 5:00pm and 6:00pm - 7:00pm

Location: Dover YMCA

To register for Aquatics, Kathy Denny at kdenny01@yahoo.com.

Tennis

Tennis training will be held on Thursdays starting April 13

Time: 6:00 - 7:30pm

Location: Polytech High School tennis courts

To register for Tennis, please contact Merry Jones at merryjones1@aol.com.

Bocce

Bocce training will be held on Mondays starting March 27

Location: Early College High School at DSU, 1200 N. DuPont Hwy.

Time: 6:00-8:00pm

To register, please contact Joe Wood at joseph.g.wood@citi.com.

Track and Field

Track and Field practice dates will be announced at a later date - stay tuned!

Location: Caesar Rodney High School track

Time: 4:00pm

To register for Track & Field, please contact Mike Lewis at michael.lewis@cr.k12.de.us.

Powerlifting

Start date and time to be announced

Delaware State Police Troop 3

For more information, contact Dave Manwiller at sode.kent@gmail.com or call 302-233-8018.

Camp Barnes applications available

Special Olympics Delaware's overnight sports camp is a three-day, two-night camp - featuring sports training and traditional camp activities - held at Camp Barnes (directions), located near Bethany Beach in southern Delaware. Camp is offered to all registered Special Olympics Delaware athletes who have actively participated in the past year. For more information, visit www.sode.org or call 302-831-4653 for an application.



Is your medical information updated?



Every Special Olympic athlete must have a current medical form (physical) before practicing/training in any sport. All participating athletes must have a current physical on file with our Special Olympics office before training sessions begin for safety reasons. Forms are good for 3 years from the date of the medical professional's signature and must be updated before expiring.

****Please remember ...** Young Athletes must complete and submit a medical form before their 8th birthday in order to continue to train and compete in SODE sports programs. Thank you!

National Volunteer Week is April 23-29



Happy National Volunteer Week!

Special Olympics would not exist today — and could not have been created — without the time, energy, commitment and enthusiasm of people just like you, thousands of individuals who choose to take a little time from busy schedules to make the world a better place. Special Olympics Delaware would like to thank each and every one of our leadership team members, coaches, unified partners, event volunteers, and event committee members.

We are grateful every day that you chose Special Olympics Delaware as your volunteer organization and would like to say a special THANK YOU for National Volunteer Week.



Volunteers make a difference!

****** We are always in need of new volunteers to help run each sport successfully and provide our athletes with a fantastic experience. Please consider volunteering with one of our sports this spring. If you have never volunteered before, we promise it will change your life!

Please know that by no means do you need to be an expert in a given sport to volunteer. We have outstanding head coaches who simply need people who are interested in helping our athletes orchestrate successful training sessions and competitions and grow as individuals.

To learn more about volunteering for Special Olympics Delaware, contact Carly Thompson at cthom@udel.edu or call 302-831-3479.



Ride to the Tide

Sunday, April 23



Event Information:

- 1,000 Bikes Maximum
- Departing from Rommel Harley- Davidson in Smyrna to Jake's Seafood, Rt. 1 in Rehoboth (55 miles)
- 9:30 am check-in, with departure at 11:30 am

Pre-Registration fee: \$25 per rider, \$15 per passenger

**After April 1 the fee is \$30 per Rider; \$20-Passenger)

Event Rain Date: Sunday April 30

The Delaware Blue Knights - Chapter 1 organizes this Law Enforcement fundraising event -- sponsored by Delmarva Power and supported by Jakes Seafood House, WBOC-16, Rommel Harley-Davidson, Delmarva Broadcasting Company, and Fox 21 Delmarva-- involving hundreds of motorcycles taking part in a police-escorted ride from Smyrna to Rehoboth Beach, in support of Special Olympics Delaware.

NOTE: In addition to riders participating in the Ride to the Tide event, SODE athletes are needed as greeters and helpers at the Rommel Harley-Davidson in Smyrna. Athletes can help thank the Ride to the Tide participants as they depart from Smyrna to Rehoboth Beach. A "thank you" brigade of athletes will line the exit area. Please email Ruth Coughlan at coughlan@udel.edu if you would like to come and show your support.

Still time to Register for Over the Edge on May 11!



Do you have what it takes to rappel 17 stories down a high-rise building? **You know you can do it - dare to go Over the Edge!**

When you go **Over the Edge**, you help to raise funds to support our athletes, enabling them to take part in valuable Special Olympics sports programs all year long. Your experience as an "edger" creates an impact - and will be one of the most unforgettable moments of your life. So cross it off your bucket list!

There are also several opportunities to make it fun and fundraise for a goal:

- Rally your co-workers to "Toss your Boss" Over the Edge
- Catapult a co-worker
- Propel a pal
- Fling a family member
- Toss a teacher
- Cast your coach
- Or choose somebody else to go Over the Edge for a minimum of \$1,100!

The possibilities are endless! No prior rappelling experience is required. All rappel participants will be treated like VIPs while supporters cheer them on during their thrilling descent. And all proceeds go to benefit the 4,000 athletes of Special Olympics Delaware. Don't wait a second longer ... go to www.sode.org to register!

2017 Special Olympics Delaware Calendar of Events

EVENT	DATE	LOCATION
DODGEBALL MADNESS	Sat., Mar. 25	Caesar Rodney HS
STATE BASKETBALL TOURNAMENT	Sat., Apr. 1	Bob Carpenter Center
	Sun., Apr. 2	
RIDE TO THE TIDE	Sun., Apr. 23	11:30 departure - Rommel Harley Davidson in Smyrna
ROLLER SKATING COMPETITION	Wed., May 3	Dover Skating Rink
OVER THE EDGE	Thurs., May 12	300 Delaware Ave.
SCHOOL SOCCER SKILLS TOURNAMENT		
Sussex County Soccer	Mon., April 24	Sussex Tech HS
NCCo Soccer	Tue., May 9	UD - Rullo Stadium
Kent County Soccer	Fri., May 19	Polytech HS
NCCo Soccer	Tue., May 23	St. Andrews School
LAW ENFORCEMENT TORCH RUN	Wed., June 7	Rehoboth Beach - Kickoff
	Thurs., June 8	Dover - Legislative Hall
	Fri., June 9	Downtown Wilmington
2017 SODE SUMMER GAMES Bocce, Swimming, Softball, Tennis, Track & Field, Powerlifting	Fri., June 9 and Sat., June 10	University of Delaware athletic complex
SUMMER CAMP	Aug. 5-7 and Aug. 13-15	Camp Barnes, Frankford, DE