Rob South arrived in Delaware in 1987 and within six months of becoming a resident, picked up the phone to see if Special Olympics needed any volunteers.

“I called just to find out how I could be of service to help,” South recalled. “It wasn’t in any particular area, but I told them I had been involved in swimming in the past and asked them, ‘What can I do?’”

That initial phone call has turned into three decades of volunteerism in a variety of roles, and has earned South the organization’s highest honor – enshrinement in its Hall of Fame.

“I was surprised and shocked,” South said of his reaction when he got the phone call telling him of the honor. “I’ve never, and still don’t, expect anything for what I do.”

South’s first volunteer role with the organization was to provide basic health evaluations for athletes attending Summer Games, which was a natural fit given his profession as a chiropractor. Shortly after that his role expanded, onto the pool deck coaching swimmers. It was another perfect fit.

“I wanted to help do what I do, which is coach,” said South, who grew up swimming competitively. His first coaching position was as an assistant with the Thunderbears, where he worked under fellow Hall-of-Famer, Marie McIntosh.

Extraordinary honor for Rob South

Join us for the 2016 Night of Heroes annual awards reception on Wednesday, October 5

LOCATION:  Executive Banquet & Conference Center, Newark

See page 3 for Special Olympics’ list of honorees and SAVE THE DATE!

PLEASE RSVP on or before Monday, September 26 by calling 302.831.4653.

2017 WORLD WINTER GAMES - Heartbeat for the World

Kudos to the following Special Olympics Delaware athletes who are joining Special Olympics USA - a 210 member delegation representing the United States at the 2017 Special Olympics World Winter Games to be held on March 18-25, 2017 in Austria!

Snowshoeing: Torie Moore (Newark) and Jakai Walker (Wilmington)
Alping Skiing: Morgan Jungling (Newark) and Bill Conner (Newark)
Law Enforcement Final Leg Torch Runner: Capt. Pete Sawyer, Delaware State Police

The Special Olympics USA delegation is comprised of 150 athletes, 40 coaches and approximately 20 delegation members who support team operations, for a total of 210. In June, Special Olympics announced that Killington, Vermont will be the site of the team’s one and only training camp to be held on December 12-15, 2016.

Follow more Special Olympics World Winter Games updates and find additional information at: http://www.austria2017.org/en/
Coaches Education

Special Olympics is committed to coaching excellence because it benefits both coaches and athletes at the same time. As part of our commitment to coaching excellence, Special Olympics Delaware offered a total of nine “Coaching 101” classes in the five area programs in preparation for the fall season.

Upcoming dates for Coaching 101 classes for Winter Sports will be announced soon. All coaches are required to attend the Coaching 101 class prior to the start of the next sports season. Thank you to all our coaches for their dedication to coaches education and helping each Special Olympics athlete reach, or exceed, their personal best!

For more information on our Coaching 101 class, please contact Mark Wise at mwise@udel.edu.

Volunteers are the heart and soul of Special Olympics Delaware and are essential to the success of our program. Anyone can lend a hand! There are opportunities for volunteers of all ages, abilities and interests. Call us to get started or contact cthom@udel.edu.

Volunteer today and be inspired.

Special Olympics Delaware needs more coaches ...
Do you know someone who can be a coach?

Currently there is a need for coaches in each Area Program -- the more coaches we have, the more athletes we can help!

Coaches teach the skills and spirit that define a true athlete. Coaches are role models and character-builders. Special Olympics coaches go further -- they help athletes with intellectual disabilities find their own strengths and abilities.

A coach may be a college student, teacher, family member or friend, someone who enjoys sports or someone simply charged up to change others’ lives and their own!

As a Special Olympics coach, you bring enthusiasm, commitment and a positive attitude to each practice, event and competition. You will enrich the lives of our athletes in many life-changing ways.

Each Area Program is looking for more coaches to help with sports training. If you would like to step in and become a coach, we need you! For more information on volunteering as a coach for Special Olympics, please contact Carly Thompson at cthom@udel.edu.
You are invited to our Night of Heroes

Save the Date!
Wed., October 5

LOCATION:
Executive Banquet & Conference Center, 205 Executive Dr, Newark
(Located off Rt. 896 S near I-95 and Rt. 40)

The annual Night of Heroes celebrates the significant contributions of people and organizations both from the past year and over a longer period of time.

Held each fall, the evening’s awards program and reception is an opportunity for the Special Olympics family to come together and celebrate the organization’s successes and recognize those who made it possible.

2016 ‘Night of Heroes’
WEDNESDAY, OCTOBER 5

HONOREES

Athlete
Melissa Chong
Newark Dragons

Volunteer
Karleen O’Brien-McCann
Wilmington Wizards

Coach
Michelle Goldstein
Wilmington Wizards

Corporation
Wells Fargo

Business
Delaware Department of Transportation

President’s Award
Kevin Charles
DIAA

Family
The Rob Bailey Family
Sussex Riptide

Program
Smyrna High School Unified Track & Field Team

Media
WBOC/Fox 21 Television

Unified Partner
Jonathan Tressler
MOT Tigers

Hall of Fame
Dr. Rob South, Aquatics

With featured awards presenters:
Michael Bowe • Glenn Jones • Miriam Shafi • Bill Monaghan

Join us for “Night of Heroes” on October 5, 2016.
For ticket information, contact 302-831-4653 or email info@sode.org.

2016 SODE FALL FESTIVAL
set for November 11-12

Fall sports training is in full swing as athletes and their coaches get ready for the annual SODE Fall Sports Festival. The event will take place at the beautiful campus of St. Andrew’s School in Middletown on the weekend of November 11-12, 2016.

Special Olympics Delaware athletes will fill up the courts and fields to compete in soccer, flag football, bocce, long distance running/walking and volleyball. Young Athletes demonstrations will also be held -plus- don’t miss the fun festivities at the Olympic Village, courtesy of Chase!

A big thanks to Chase as the proud sponsor of the annual Fall Festival, as well as St. Andrew’s School, for their leadership in supporting this event for our SODE athletes.
Students represent Special Olympics Delaware at National Conference

Special Olympics Delaware was one of four Special Olympics programs invited to send representatives to the National Federation of State High School Associations (NFHS) Student Leadership Summit. The summit was held in Indianapolis, Indiana from July 18-20, 2016. SODE athlete Eric Anderson and Unified Partner Jonathan Tressler from Newark Charter High School were selected to attend.

“I knew that through continued practice the athletes would increase their skill level and fitness level,” South said. “The end result would be better swimmers.”

The organization quickly realized how important his contributions were to the Thunderbears, and therefore, how valuable they could be to the entire organization. South was asked to serve in the role of aquatics director for the entire state. He organized statewide coaches clinics and CPR and First Aid trainings with an emphasis on water safety.

“What he was doing with the Thunderbears was so advanced compared to what we were used to, we knew we wanted that type of training going on for all our coaches and swimmers,” executive director Ann Grunert said.

South was named the head coach for Delaware’s swim teams that attended the 1995 and 1999 World Games. “Both places were incredible,” he said. “I’m not sure what I enjoyed more, the coaching or the actual experience of just being there. It was overwhelming to see the athletes perform so incredibly well. I was in awe of their abilities and how much they put out and how hard they worked to get where they went. Every single bit of it was … I’ll just never forget it.”

South has also raised thousands of dollars over the years for the organization by opening his chiropractic office a few times a year for what he calls “patient appreciation days.” On those days, current and new patients can receive screenings or adjustments free of charge in return for a donation to SODE. “I provide my normal services, but instead of accepting payments, I ask for donations,” he explained.

In recent years, South has had to stop coaching on a weekly basis, but has insisted on staying involved as aquatics venue director at Summer Games. In that role he ensures the athletes experience a first-class venue. And while serving in that role, he continues to get the same satisfaction he first experienced 30 years ago.

“It was wonderful working with Rob,” McIntosh said. “What worked really well was that he was calm; I was not. He was patient; I was less so. We each appreciated the other’s assets and contributions to the swimming program.”

South eventually took over the head coaching position and one of the first new programs he implemented was offering year-round training for his swimmers.

Students represent Special Olympics Delaware at National Conference

Rob South with his signature wide-brimmed hat at the Aquatics venue at Summer Games

(continued from p. 1)

PLAY UNIFIED! From Project UNIFY to “Special Olympics School Partnership Program”

Special Olympics School Partnership Program (formerly Project UNIFY) is an education and sports based strategy powered by an engaged youth community that increases athletic and leadership opportunities for students with and without intellectual disabilities, while creating communities of acceptance for all.

Through the school partnerships, Special Olympics Delaware is activating a new, Unified Generation at the pre-K, elementary, middle, high school and college levels to challenge existing stereotypes and create inclusive, caring school communities. An active partnership with the Delaware Interscholastic Athletic Association (DIAA) has also been a significant outcome from the Unified Sports program.

For more info, please contact Kylie Frazer at kfrazer@udel.edu.

“Special Olympics School Partnership Program”
Melissa Chong named 2016 Outstanding Athlete

Melissa Chong began competing in Special Olympics when she was 8 years old. Nineteen years later she can boast having successfully competed in 11 different sports.

Melissa competes year-round in every major event Special Olympics Delaware offers. Her current list of sports includes figure skating, swimming, basketball, snowshoeing, tennis, soccer, cycling and bowling.

She has won medals in all of them. And while the hardware is certainly impressive, it’s the immeasurable aspects of Melissa’s athleticism that have earned her the title of Special Olympics Delaware’s 2016 Outstanding Athlete.

“Melissa has many obstacles to overcome before she starts her training or competition,” said Mark Wise, SODE director of training who has watched Melissa compete in dozens of events over the years. “She perseveres through her events with determination and grace.”

Melissa’s limited communication skills provide perhaps the greatest challenge an athlete can face. According to her father, Kevin Chong, Melissa has had to learn skills strictly through repetitive observation with the patient tutelage of her coaches, unified partners and volunteers. He also credited Melissa’s teammates and their parents and guardians for their constant support.

“Melissa relies almost entirely on observation to learn the intricate figure skating skills such as backwards pivots, waltz eight and forward inside slide chasse,” Chong explained to the audience when Melissa was recognized with the Delaware Women’s Alliance for Sport and Fitness Game Changer award. “She perseveres in spite of the many challenges she faces, mostly by herself in silence.”

Figure skating is without a doubt Melissa’s favorite sport, according to her father. As Special Olympics Delaware’s sole competitive figure skater, she competes in other states’ events and recently won two gold medals at the Keystone Regional Pennsylvania Figure Skating competition. She has participated in the University of Delaware Synchronized Figure Skating Eastern sendoff exhibition as well as The Skating Club of Wilmington winter ice shows.

“In our eyes, she has already won before she competes,” Kevin and his wife, Susan, agreed. “Not just the medals, accolades or cheers, but the unceasing daily battle of coping and living her life the best way she can.” Melissa might not be able to verbally communicate just how much she enjoys competing, but her body language says it all to anyone who has the privilege and pleasure of watching her.

“When she takes to her bike for cycling, snowshoes for snowshoeing, or especially her ice skates for ice skating, you can see her joy in participating and competing,” Wise said.

SODE ATHLETES TO COMPETE IN WORLD POWERLIFTING CHAMPIONSHIP

As the result of the partnership between Special Olympics and the International Powerlifting Federation (IPF) the IPF has invited Special Olympics powerlifting athletes, David Hill and Jonathan Stoklosa, to compete in the 2016 International Powerlifting Federation (IPF) World Powerlifting Championships.

The competition will be held at the Hyatt Hotel Orlando in Florida on November 13, 2016. Competition will include all powerlifts (Squat, Bench and Deadlift) and will follow IPF rules.

GOOD LUCK, DAVID AND JON!
NEW! BOWLING INFORMATION

Beginning with the 2016-17 Bowling Season:

Special Olympics Delaware has made it an organizational priority to provide additional competitive opportunities for our athletes in all sports. These opportunities enhance the training aspect of an athlete’s preparation by providing valuable competitive experiences leading up to State-level events.

This bowling season, athletes and Unified partners will have the opportunity to bowl in Area Bowling Tournaments prior to competing at the State Bowling Tournament. The State-level tournament provides all bowlers the opportunity for an additional true competitive experience if they wish to advance. Participation in the Area Tournaments is a requirement to advance to the State Tournament. However, participation in the the State Tournament is not required.

Area Tournament Information

- Athletes/Unified Partners must meet the following conditions to be eligible for the Area Tournament:
  1. They have fulfilled the criteria of the “Participant Expectations” for bowling and requirements set forth by the Area Leadership Team.
  2. They have trained with their Area during the designated training times throughout the training season and according to the rules of Special Olympics.

- Each Area will have its own event and final Area Tournament (times are still TBD):
  1. Wilmington Wizards Saturday, January 21, 2017 – NC Bowlerama
  2. Newark Dragons Saturday, January 21, 2017 – Prices Lanes
  3. MOT Tigers Sunday, January 22, 2017* – Mid County Lanes* (*Date & Location tentative)
  4. Kent Wild Kats Saturday, January 21, 2017 - Doverama
  5. Sussex Riptide Saturday, January 21, 2017 – Millsboro Lanes

- Area Tournament Event Information:
  - Events offered: Singles, Traditional Doubles, Unified Doubles, Ramp Singles (Assisted/Unassisted), Bumper Singles, MATP.
  - All events offered are governed according to the rules of Special Olympics and Special Olympics Delaware.
  - Athletes/Teams will be placed in divisions according to preliminary scores submitted on registration forms and will receive Special Olympics Area Awards based on their placement in their division at the end of competition.
  - Team Events: Both participants on all 2-person teams must compete together at the Area Tournament to be eligible for the State Tournament. Substitutions will not be allowed.
    - If one player scratches on the day of the Area Tournament the remaining player will be allowed to bowl but will receive a participant ribbon for the event and will not be eligible to advance to State Competition.

State Tournament Information

- Athletes/Unified Partners who successfully competed at the Area Tournament are eligible to participate – regardless of place – at the State Bowling tournament under the following conditions:
  1. They must practice at least 2 additional times with their team after the Area Tournament.
  2. Will only qualify and compete in the event they successfully competed in at the Area Tournament.
  3. Must register for the State Tournament through the Sport Director (typically within 1 week after the Area Tournament).

- State Tournament Location: Brunswick Doverama – Saturday, February 18, 2017

- State Tournament Event Information:
  - Events Offered: Singles, Traditional Doubles, Unified Doubles, Ramp Singles (Assisted/Unassisted), Bumper Singles, MATP
  - All events offered are governed according to the rules of Special Olympics and Special Olympics Delaware.
  - Athletes/Teams will be placed in divisions according to scores obtained at the Area Tournament and will receive official Special Olympics State Awards based on their placement in their division at the end of competition.
  - Team Events: Both participants on all 2-person teams that participated at the Area Tournament must compete together at the State Tournament. Substitutions will not be allowed.
    - If one player scratches after the team is registered and before the State Tournament the entire team will be scratched from competition. The remaining teammate will NOT be allowed to compete in singles.
    - If one player scratches on the day of the State Tournament the remaining player will be allowed to bowl but will receive a participant ribbon for the event.
NEW! ATHLETE MEDICAL FORM ROLLOUT

In Fall 2016, Special Olympics is switching to a new form for Athlete Medicals.

The new form provides more specific health information about the athlete and will standardize health information for all Special Olympics athletes not only around the United States, but around the world.

If you are a new athlete (age 8 or older) or need to update your form, please use the new medical form. You may access the new form by downloading directly from our website at WWW.SODE.ORG. Click on the “Athletes, Unified Partners and Families” tab on the home page and click on “Forms” on the left-hand column.

If you are a current SODE athlete and your medical is due to expire, you should receive a notice from the SODE office with a copy of the form. All submitted medical forms are good for 3 years.

If you have any questions about the status of your medical, please call our office at 302-831-4653.

Thank you!

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**We invite you to be inspired ...**

Special Olympics Delaware invites you to learn about our life-changing programs and new initiatives, and hear about how our athletes have triumphed over extraordinary obstacles. Our goal is to raise funds and awareness that can help to sustain our programming, so that we can continue to create a world of inclusion where every person is accepted and welcomed.

We are offering two special opportunities for interested individuals.

- Breakfast fundraiser on Wed., October 26 at the Sheraton Wilmington South in Wilmington
- Luncheon fundraiser on Wed., November 16 at the Atlantic Sands Hotel in Rehoboth Beach

Both events are free and open to anyone who wishes to learn more about our mission and make a difference. Kindly RSVP to Ann Grunert at agrunert@udel.edu or Lisa Smith at lsmith@udel.edu.

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**Wednesday, October 26, 2016**

Arrive by: 7:30am  
Program time: 7:45am - 8:45am  
**SHERATON WILMINGTON SOUTH HOTEL**  
365 Airport Rd.  
New Castle, DE

Directions:  
Located off I-95. Take Exit 5A toward DE-141 S.  
Turn right onto Airport Rd.

**Wednesday, November 16, 2016**

Arrive by: 11:45am  
Program time: 12:00pm - 1:00pm  
**ATLANTIC SANDS HOTEL**  
1 Baltimore Avenue  
Rehoboth Beach, DE

Directions:  
Located in Rehoboth Beach, corner of Baltimore Ave. and the Boardwalk  
Turn left onto Airport Rd.
LESO CHAMPIONS on TOUR of the THIN BLUE LINE

Champions on Tour of the Thin Blue Line (COTTBL) is a program partnership between Delaware Law Enforcement for Special Olympics (DE LESO) and Special Olympics Delaware (SODE) that provides adults with intellectual disabilities the opportunity to visit participating law enforcement agencies in an effort to enrich the lives of both the athletes and police employees.

SODE athletes, age 18 or older, may request a visit. Athletes must be accompanied by a parent, guardian, or other appropriate sponsor.

Individual appointments will be made on a case by case basis. Any person interested in arranging a visit to their local police department, troop, or agency should communicate their request, along with an appropriate phone number and email address, to Lisa Smith, SODE director of development, at 302-831-3482 or lismith@udel.edu.
Join us at our cheer sections and witness the parade of trucks in your backyard!

On September 24, celebrate America’s compassionate army of truck drivers as Delaware’s law enforcement community escorts the World’s Largest Truck Convoy across scenic southern Delaware.

❖ Join your neighbors, family and friends and come outside to cheer on the drivers as the convoy passes by

❖ Place a sign in your lawn thanking the truckers

❖ Gather at one of the Cheer Sections along the route with a poster or sign in hand

200+ Trucks on parade!!

CHEER SECTIONS:
HARRINGTON: Clarke & Commerce Streets
MILFORD: Rt 14 across from Southern States
GREENWOOD: Royal Farms Gas Station
Charitable giving through United Way Kicks off in September

The United Way campaign is kicking off during the month of September and will continue into the fall. This year’s campaign theme is “Advancing the Good, Helping One Another.”

You may designate any portion of your United Way contribution to Special Olympics Delaware by indicating our name and address (listed below) in the donor designation area located at the bottom of the pledge form. Thank you for your support!

Agency # 9026
Special Olympics Delaware
University of Delaware
Newark, DE 19716-1901

Get ready for the Reindeer Run & Romp in downtown Newark

Save the date! Friday, December 2

Save the Date for this Holiday-inspired family fun on campus at UD

- Entry fee is $25 for pre-registered participants; $30 for day-of registration. All registered participants will receive a cool long-sleeve event T-shirt & jingle bells.
- Holiday-themed costume contest and other entertainment along the course, sponsored by Capital One
- Course lit by luminaries to light your way! Antlers will also be available for purchase for $1.00 -plus- free face-painting for children.
- Post-event refreshments supported by Aramark.
- Goodie bag & discounts offered by downtown Newark merchants (must show bib number to qualify for discounts.)
- Chip timing for runners provided by Mid-Atlantic Timing
- Visit www.sode.org for more information on registering for the Reindeer Run
GET READY FOR SOME FRIGID FUN! WWW.PLUNGEDE.ORG

2017 LEWES POLAR BEAR PLUNGE
FEBRUARY 5, 2017

Are you BRAVE enough to take a dip in the ocean in February?

Every 1st Sunday in February, more than 3,500 thrill-seeking plungers head to Rehoboth Beach to ‘Take the Plunge’ to benefit the 4,000 athletes of Special Olympics Delaware. The Lewes Polar Bear Plunge is a fundraising event in which individuals pledge $75 or more for the cool adventure of plunging into the ocean with thousands of Polar Bears - while showing their courage and support of people with intellectual disabilities throughout the state.

Your cool experience helps Special Olympics Delaware provides year-round sports training, competition, leadership opportunities and more – for 4,000 Special Olympics athletes! All these programs and services are always completely FREE thanks to fundraising events like the Polar Bear Plunge.

Whether you go ankle deep, or go all in, you will be doing something extraordinary!

DARE TO TAKE THE PLUNGE FOR A GREAT CAUSE

Visit WWW.PLUNGEDE.ORG to learn more about the 2017 Plunge ... Registration is opening soon!

SPONSORED BY

Friends don’t let friends Plunge alone ... Create a Team and Plunge together!
WILMINGTON FRIENDS HOSTS FOOTBALL CLINIC

For the fourth consecutive year, Wilmington Friends’ coaches and players hosted a football clinic for Special Olympics athletes and coaches from the three Area programs in New Castle County.

“I thought it was important for our players to take the time to do something for others, something bigger than themselves or the game,” Head coach Bob Tattersall said.

The idea to begin hosting what has become an annual clinic four years ago came after Friends chose to discontinue going away to Camp Tockwogh during the preseason as a team-building activity, according to Tattersall. It was a tradition that had stood for 45 years, and so when it ended, it left a void in the program’s preseason.

“I was looking for an alternative activity that would give back to the community,” explained Tattersall, a member of the Delaware Sports Hall of Fame and the state’s winningest high school football coach with 291 wins.

Forty-three Special Olympics athletes and a dozen or so coaches were introduced to drills and activities by the Friends’ coaching staff.

“This is a great opportunity for our coaches to learn new drills and ideas and for our athletes to experience them firsthand under the direction of local experts,” SODE director of training Mark Wise said. “The timing is perfect for them now to take what they learned and implement it in their flag football practices.”

DID YOU KNOW?
Use AmazonSmile and earn $$ for Special Olympics Delaware

AmazonSmile is the same Amazon you know. Same products, same prices, same service. But when you shop on AmazonSmile at smile.amazon.com, the AmazonSmile Foundation will donate 0.5% of the purchase price to the eligible charitable organization of your choice.

Simply log in to smile.amazon.com (same login as your Amazon account) and designate your charity of choice as “Delaware Special Olympics”. Super easy if you already do a lot of shopping at Amazon!

HOCKESSION ATHLETIC CLUB (HAC) CAMP SOCIAL RAISES FUNDS

A very special THANK YOU to the Hockessin Athletic Club (HAC) for hosting the 8th Annual HAC Camp Social in August to benefit Special Olympics Delaware. The HAC Camp Social has a rich history of providing participants with family fun, as well as generating substantial revenue to benefit children and adults with intellectual disabilities. We salute the HAC and their commitment to our athletes!
Fitness Centers open doors to athletes

Friday nights are Special Olympics Fitness Nights at the Hockessin Athletic Club (HAC) and athletes are invited to use the facility at no cost.

Following large group warm-up exercises, athletes then choose to do circuit training, powerlifting or swim during the 90-minute exercise session. All activities are done under the supervision of certified HAC trainers and club members who volunteer their time.

These additional training opportunities improve the athletes’ overall health and positively impacts their sports performances throughout the year.

Athletes use the Sea Colony facility for fitness and strength training from January through April. One of Sea Colony’s certified trainers designs a workout program specifically for the athletes. Certified Special Olympics coaches then work directly with the athletes to ensure they follow the prescribed program and make adjustments as necessary.

Sea Colony in Bethany Beach and the Hockessin Athletic Club in Hockessin provide Special Olympics athletes the opportunity to work out in their facilities, free of charge.
Building off of last year’s success and spring-boarding into the inaugural season, Special Olympics Delaware and the Delaware Interscholastic Athletic Association (DIAA) are kicking off Unified Flag Football this fall. Eight high schools from across the state will be competing in a biweekly schedule followed by playoffs and a state championship. BE A FAN - come and watch, support our Unified Teams!
### 2016-2017 Special Olympics Delaware Calendar of Events

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<tr>
<th>DATE</th>
<th>EVENT</th>
<th>LOCATION</th>
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<tr>
<td>Sat., September 10</td>
<td>SODE Cycling Classic</td>
<td>Dover Air Force Base</td>
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<tr>
<td>Sat., September 17</td>
<td>Families Day at the Beach</td>
<td>Cape Henlopen Fishing Pier</td>
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<tr>
<td>Mon., September 19</td>
<td>SODE Summer Camp Golf Classic</td>
<td>Bidermann Golf Club</td>
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<tr>
<td>Wed., September 21</td>
<td>SODE Mission Tour (6-7pm)</td>
<td>SODE Office in Newark</td>
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<tr>
<td>Sat., September 24</td>
<td>Truck Convoy (LESO Fundraiser)</td>
<td>Delaware Fairgrounds in Harrington</td>
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<td>Tues., September 27</td>
<td>State Golf Tournament</td>
<td>Maple Dale Country Club, Dover</td>
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<td>Sun., October 2</td>
<td>Flag Football mid-season tournament</td>
<td>MOT Youth Football Complex, Middletown</td>
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<td>Wed., October 5</td>
<td>Night of Heroes</td>
<td>Executive Banquet &amp; Conference Center</td>
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<tr>
<td>Sun., October 9</td>
<td>Soccer mid-season tournament</td>
<td>Delaware Union Park, Dover</td>
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<tr>
<td>Sun., October 16</td>
<td>Volleyball mid-season tournament</td>
<td>Wilmington Christian School</td>
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<tr>
<td>Wed., October 19</td>
<td>SODE Mission Tour (6-7pm)</td>
<td>SODE Office in Newark</td>
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<tr>
<td>Sat., October 22</td>
<td>Area Leadership Team Conference</td>
<td>Caesar Rodney High School</td>
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<tr>
<td>Sat., October 22</td>
<td>Red Robin Tip-a-Cop (LESO Fundraiser)</td>
<td>3 locations: Wilmington, Bear, Christiana</td>
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<tr>
<td>Wed., October 26</td>
<td>Champions Together (Breakfast)</td>
<td>Sheraton Wilmington South (off I-95)</td>
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<tr>
<td>Sun., November 6</td>
<td>UD Plunge (campus event)</td>
<td>University of Delaware</td>
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<tr>
<td>Fri.-Sat., November 11-12</td>
<td>SODE Fall Festival</td>
<td>St. Andrew’s School, Middletown</td>
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<tr>
<td>Wed., November 16</td>
<td>Champions Together (Luncheon)</td>
<td>Atlantic Sands Hotel, Rehoboth Beach</td>
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<tr>
<td>Wed., November 16</td>
<td>School Partnership Leadership Conference</td>
<td>Delaware Technical Community College</td>
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<tr>
<td>Sun., November 27</td>
<td>Turkey Trot</td>
<td>Sea Colony, Bethany Beach</td>
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<tr>
<td>Fri., December 2</td>
<td>Reindeer Run and Romp</td>
<td>Downtown Newark</td>
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<td>Area Bowling tournaments'</td>
<td>All 5 Areas</td>
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<td>Fri.- Sun., February 3-5</td>
<td>Plunge Weekend Festival, 5K Run to the Plunge, Lewes Polar Bear Plunge</td>
<td>Rehoboth Beach</td>
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<tr>
<td>Sat., February 18</td>
<td>State Bowling Tournament</td>
<td>Brunswick Doverama in Dover</td>
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<tr>
<td>Sun., April 23</td>
<td>Ride to the Tide (LESO Fundraiser)</td>
<td>Rommel Harley-Davidson, Smyrna</td>
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<tr>
<td>Thurs., May 11</td>
<td>Over the Edge</td>
<td>300 Delaware Ave., Wilmington</td>
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<tr>
<td>June 7-9</td>
<td>Law Enforcement Torch Run</td>
<td>Statewide</td>
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<tr>
<td>Fri.-Sat., June 9-10</td>
<td>SODE Summer Games</td>
<td>University of Delaware</td>
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**SPECIAL OLYMPICS DELAWARE: ONE TEAM, ONE VISION.**
Join us! TIP-A-COP AT RED ROBIN RESTAURANTS ON SATURDAY, OCTOBER 22, 2016

TIP-A-COP AT RED ROBIN to benefit Special Olympics Delaware is back - tell your friends and family! Head over to your local Red Robin for lunch or dinner, or both! 100% of "special tips" will be donated to Special Olympics Delaware.

WHEN: Saturday, October 22
TIME: Lunch from 11a.m. to 3:00p.m.
     Dinner from 4:00p.m. to 8:00p.m.

LOCATIONS:
Brandywine: 6100 Brandywine Pkwy., Wilmington
Christiana: 101 W Main St., Newark
Glasgow: 2496 Pulaski Highway, Glasgow

Come and support the men and women of law enforcement as they help raise funds and awareness for our SODE athletes!