The Delaware Memorial Bridge 5K Run to Acceptance for Special Olympics is a chip-timed course which begins at the base of the Delaware Memorial Bridge on the New Jersey side, crosses the bridge itself and finishes in the Delaware River and Bay Authority (DRBA) complex on the Delaware side. Be prepared for the incline as the grade of the bridge is 4% which in layman's terms means a rise of 4’ for every run of 100’.

NOTE:
The start line is accessible only by bus. Run participants will park in the grass field at Veterans Memorial Park and then load onto buses to be taken to the race start in New Jersey. Travel by bus is the only option to get to the race start.

After crossing the finish line, run participants will access a tunnel within the DRBA complex to return to Veterans Memorial Park to reunite with their family and friends and enjoy the post-race hospitality and awards.