



Special Olympics

Be a fan.

Project UNIFY.

Building Community: Learn more about how you can support Special Olympics and be a part of Project UNIFY:

1. Find out what local Special Olympics community-based teams train in your area and offer to help with training and practices.
2. Form a group who can talk about Project UNIFY to Middle School students. Explain why it's important to respect everyone's differences.
3. Help spread awareness and be a part of the "Cool Schools" challenge by participating in the Polar Bear Plunge for Special Olympics. <http://plungede.org>
4. Explore the Events Calendar at www.sode.org and find out what sports events are coming up where your school can volunteer.
5. Be a part of our "Young Athletes" events. Schools can volunteer as a group at local elementary schools during April & May.
6. Be a part of our "Motor Activities Training Programs (MATP)" events. Schools can volunteer as a group at local facilities (Charlton, Easter Seals, etc.)
6. Use the ***Get Into It*** lessons and resources to inform your peers at school about respecting and accepting people's differences. <https://getintoit.specialolympics.org/>
7. Include the help of Special Olympics athletes during the annual Special Olympics and Best Buddies' ***Spread the Word to End the R-Word*** day. <http://www.r-word.org/>
8. Talk to your advisors and school administrators with your plans for the "Spread the Word to End the R-Word" campaign. Plan ahead of time and meet with your school principal.
9. Be "Fans in the Stands" at our Summer Games Opening Ceremonies in June.

There are many more ways to build community through Project UNIFY ... the possibilities are endless. How will you make a difference?